

WELLBEING UPDATES

PROJECT ROCKET

Last Friday 21/10 Colac Primary School hosted 'Project Rocket' who facilitated discussions about Belonging, Bullying both online and in person. The grade 4-6s displayed an amazing amount of attention throughout the day and demonstrated their engagement through the sharing of their ideas, participation in the activities and asking really well considered and important questions.

The grade 3s joined us for the first hour when the conversation was centred around Belonging, they then worked for the remainder of the day in small groups to develop their team building skills and work on the ideas centred in the first hour Belonging session. Mrs T took the group of grade 3s for the day and was incredibly impressed at how the children worked together with encouragement and enthusiasm.



RRRR ROOMS 9 AND 11

Towards the end of term 3 and all of term 4 room 9 have been working on understanding more about bullying. To gain a deeper understanding we started by working through activities centred around empathy, then different ways to communicate with one another and role plays that are developing a deeper understanding of their skills in responding to incidents of bullying. The children have been doing an amazing job of reflecting and working together whilst having a lot of fun. It was great to see them displaying some of their new understandings during the sessions with 'Project Rocket'.

Room 11 have been working on having a better understanding of consent during their Respectful Relationships sessions. On Monday, we had our second session where children worked with a partner or a small group to practise the important life skills of giving and receiving consent both verbally and non-verbally. The grade 6s did such an amazing job of exploring these ideas. In the images below you will see the children practising consent with glass pebbles.



PARENT SESSION MONDAY 7/11

On Monday 7/11 Colac PS will be hosting Leigh Bartlett for a 'Family Partnerships' session. The session will begin at 3:30 and go until 5:00. The school will provide afternoon tea and children are welcome to stay and watch a movie in the library. If you would like to come along, please RSVP using the flyer that has been sent home this week. Looking forward to seeing you there. Rosie Parry